

Mountain Valley Chapter

Newsletter, June 2006



www.RedCrossUT.org

72 hour kits are here!

72 hour kits are available right now for a limited time reduced price. Don't miss out on your best deal!

The Red Cross Mountain Valley Chapter is currently overstocked with 2 person 72 hour kits and needs to get them out into the community. The kits come complete with food, 2 gallon water container, and supplies for 3 days all inside one durable Red Cross backpack. This is your best chance to get a great deal on disaster supplies for the family, workplace or car! Purchase your kit by calling 373-8580 or visiting us at 865 N. 200 W., Provo.



Only
\$55.00

Provo volunteer uses his Red Cross skills to save his sons

The Trujillo family is a passionate family. All of their time and energy has been devoted to the Hispanic community in Provo as well as to the American Red Cross. Jesus Trujillo, father of the family, has been a loyal Mountain Valley Chapter volunteer since 1991. Jesus began his volunteerism teaching HIV/AIDS prevention and has since become a First Aid/CPR/AED instructor in both English and Spanish. He has also encouraged his wife and 5 sons each do what they could to help teach courses, speak at community events and become certified in CPR and First Aid themselves.

Jesus knows just how important these skills are, because it wasn't long after he was certified that he was forced to use that training to save the life of not one, but two of his sons. His second son, Oliver, was swimming in a friend's pool with inflatable arm floaters on. Without anyone noticing, Oliver slipped the floaters off and immediately sank beneath their view. Once they realized he was underwater, friends pulled him from the bottom and Jesus quickly sprang into action. He remembers panicking for just a split second before the Red Cross emergency action steps came to his mind; Check – Call – Care! Jesus opened his son's airway, which allowed young Oliver to take in oxygen and he began to breathe on his own again. Just two years later, their infant son began to choke on a small piece of watermelon and went limp in Jesus's arms. Instinctively, he began performing back blows and chest thrusts on the tiny boy. Jesus credits his Red Cross training to giving him the knowledge he needed to save both his children's lives.

"If I can teach one person the skills they need to save a life, I am well paid," claims Jesus, who still feels strongly-tied to the Red Cross. Jesus and his family continue to teach courses and use their influence to bring superb training to our Hispanic community.

*If you would like to become CPR or First Aid trained, please call the Red Cross at (801) 373-8580.

Looking for a speaker?

Providing the right speaker to talk to your group about emergency preparedness is as easy as calling the Red Cross. Please allow 10 days for scheduling.

Topics include:

72 hour kit fundamentals

How to store food & water

Earthquake safety

Establishing a family disaster plan

First Aid/CPR

And many more...



Donate to the Red Cross without spending a penny!

Donate your old inkjet cartridges and cell phones to the Mountain Valley Chapter and the Red Cross receives a check to support our disaster relief program and other services. It's easy and doesn't cost you a thing – not even postage. To get started visit www.RedCrossUT.org and click on "you can help".

A Word from Disaster Services...

The Mountain Valley Chapter has been responding to and preparing for disasters in Utah for 89 years and now has reached a new level of preparedness. When a disaster becomes too large for a single Red Cross chapter to efficiently respond to, it will call upon resources from neighboring chapters and the National American Red Cross. The Mountain Valley Chapter now has the human and material resources to respond to a disaster that affects up to 50 families before it will need to ask for assistance. "Because we have reached this level of readiness we will have a greater capacity to respond to disasters of a larger size. This is an exciting achievement for our Red Cross chapter," said Katrina Pope, Director of Emergency Services. "We are constantly striving to make our chapter just a little bit better in order to improve our service to those in need."

Spotlight

One of our local Red Cross volunteers has taught his 1,000th CPR class! Mike Bell has worked his way up to becoming an Instructor Trainer, and trains a large percentage of new CPR/First Aid/AED Instructors for our chapter. Mike also worked for a brief time as the chapter's Health & Safety Services Director and currently sits on our Health & Safety Services Committee. Mike is an invaluable asset to our chapter and we congratulate him on teaching 1,000 wonderful classes for the American Red Cross.

Thanks Mike!

Health & Safety Course Schedule ~ June

Sign up with a family member, and get 50% off the price of one class!

Community First Aid & Safety		CPR for the Professional Rescuer		First Aid Only	
June 10	8:00-5:30	June 20,21	6:00-10:00 pm	June 22	6:00-9:00 pm
June 12,14	6:00-10:30 pm	CPR Only			
June 24	8:00-5:30	June 6,8	6:00-9:00 pm	Challenge	
June 27,29	6:00-10:30 pm	June 17	8:00-2:30	June 3	8:00-11:00 am

**865 N. Freedom Blvd., Provo Utah 84604, (801) 373-8580,
www.RedCrossUT.org**